

# BACHELOR OF ARTS, MAJOR IN BILINGUAL HEALTH CARE STUDIES; MINOR IN FOREIGN LANGUAGE

**Additional information:** Reference the Program Landing Page (<https://www.shsu.edu/programs/bachelor-of-arts-in-bilingual-health-care-studies/>) for additional information, such as cost, delivery format, contact information, or to schedule a visit.

Code	Title	Hours
<b>Bachelor of Arts, Major in Bilingual Health Care Studies; Minor in Foreign Language</b>		
<b>Core Curriculum</b> ( <a href="https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/">https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/</a> )		
Component Area I (Communication)		6
Component Area II (Mathematics)		3
Component Area III (Life and Physical Science) <sup>1</sup>		8
Component Area IV (Language, Philosophy, and Culture) <sup>2</sup>		3
Component Area V (Creative Arts)		3
Component Area VI (U.S. History)		6
Component Area VII (Political Science/Government)		6
Component Area VIII (Social and Behavioral Sciences) <sup>3</sup>		3
Component Area IX (Component Area Option) <sup>4, 5</sup>		4
<b>Degree Specific Requirements</b>		
BIOL 2403	Human Anatomy & Physiology I <sup>1, 6</sup>	4
FSCN 2362	Nutrition <sup>7</sup>	3
KINE 2115	Lifetime Health and Wellness <sup>4</sup>	1
SOCI 2319	Introduction To Ethnic Studies <sup>2</sup>	3
<b>Major: Foundation</b>		
HLTH 1360	The Fundamentals of Health Promotion and Health Careers	3
HLTH 2372	Health & Medical Terminology	3
HLTH 2383	Multicultural Health Issues <sup>3</sup>	3
HLTH 2391	Human Diseases	3
HLTH 3350	Principles of Public Health	3
HLTH 3355	United States Health Care Systems	3
HLTH 3392	Health Communication and Literacy	3
HLTH 4365	Health Care Policy	3
HLTH 4371	Patient Navigation	3
or HLTH 4392	Problems in Health	
HLTH 4375	Health Laws and Ethics	3
HLTH 4387	Community Health	3
HLTH 4393	Professional Preparation for Health Careers <sup>8, 9</sup>	3
HLTH 4394	Internship Program <sup>9</sup>	3
<b>Major: Prescribed Electives</b>		
BCHS Electives		
Select 13 hours of the following:		13
COUN 3331	Introduction to Principles Of Counseling	
HLTH 3360	Epidemiology <sup>10</sup>	
HLTH 3390	Family Life & Sex Education	
HLTH 4117	Practicum	
HLTH 4366	Health Informatics	
HLTH 4395	Special Topics in Health	
PHIL 4371	Death and Dying	
Advanced courses in COUN, FACS, PHIL, PHYS or SOCI		6
<b>Minor: Required (Foreign Language) <sup>11</sup></b>		

Students will take a minimum of 23 hours in Spanish, Spanish Interpretation and Translation for Health Professions, Middle Eastern Studies, French, or German, and must include six hours of the advanced coursework in residence <sup>5</sup> 23

**Total Hours****120**

- <sup>1</sup> Course satisfies Core Curriculum requirement for Component Area III (Life and Physical Science).
- <sup>2</sup> Course satisfies Core Curriculum requirement for Component Area IV (Language, Philosophy, and Culture).
- <sup>3</sup> Course satisfies Core Curriculum requirement for Component Area VIII (Social and Behavioral Sciences).
- <sup>4</sup> Course satisfies Core Curriculum requirement for Component Area IX (Component Area Option).
- <sup>5</sup> Satisfies 3 semester credit hours of Core Curriculum requirement for Component Area IX (Component Area Option). Options include ARAB 2311, FREN 2311, GERM 2311, SGNL 2311, and SPAN 2311.
- <sup>6</sup> BIOL 2401 may be used as a transfer course for this requirement; please see SAM Center advisor for more details.
- <sup>7</sup> FSCN 1367 may be used as a transfer course for this requirement; please see SAM Center advisor for more details.
- <sup>8</sup> HLTH 4393 requires a prerequisite of the completion of 12 hours of HLTH course work.
- <sup>9</sup> Students must earn a grade of "C" or better in HLTH 4393 and HLTH 4394.
- <sup>10</sup> MATH 1342 or MATH 1370 or MATH 3379 serve as a prerequisite for this course.
- <sup>11</sup> All minors are excluded from pairing with this degree program with the exception of a Foreign Language minor.

**Notes**

Students must earn a 2.0 minimum overall GPA in all coursework.

Students must meet a 2.0 minimum overall major GPA in all major coursework.

Students must earn a 2.0 minimum SHSU GPA in all coursework.

Students must meet a 2.0 minimum SHSU major GPA in all major coursework.

HLTH 4365 requires a prerequisite of HLTH 1360, HLTH 2391 and Junior Standing.

HLTH 3350 and HLTH 3355 require a prerequisite of HLTH 1360, HLTH 2391 and 55 completed hours of coursework.

HLTH 4366 requires a prerequisite of HLTH 1360, HLTH 2391, and HLTH 3350.

HLTH 4394 requires a prerequisite of HLTH 1360, HLTH 2391, and HLTH 4393 with a "C" or better.

Students must earn a grade of "C" or better in HLTH 4393 and HLTH 4394.

HLTH 3360 requires a prerequisite of (a) HLTH 1360, (b) HLTH 2391 and (c) either MATH 1342, MATH 1370, MATH 3379, or STAT 3379.

HLTH 4393 requires a prerequisite of HLTH 1360, HLTH 2391, and 12 completed hours of of HLTH coursework.

HLTH 3392, HLTH 4117, HLTH 4371, and HLTH 4395 require HLTH 1360 and HLTH 2391 as course prerequisites.

**Key Competency Areas**

- Assessing individual and community needs.
- Planning effective public health programs.
- Implementing public health programs.
- Evaluating the effectiveness of public health programs.
- Coordinating the provision of public health education and services.
- Acting as a resource person.
- Communication of public health and public health education needs.

**Additional information:** Reference the Program Landing Page (<https://www.shsu.edu/programs/bachelor-of-arts-in-bilingual-health-care-studies/>) for additional information, such as cost, delivery format, contact information, or to schedule a visit.

**First Year**

<b>Fall</b>	<b>Hours</b>	<b>Spring</b>	<b>Hours</b>
Component Area II ( <a href="https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaii">https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaii</a> )	3	Component Area IV ( <a href="https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaiiv">https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaiiv</a> )	3

Component Area III ( <a href="https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaiii">https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaiii</a> )	4 BIOL 2403 <sup>4</sup>	4
ENGL 1301 <sup>1</sup>	3 ENGL 1302 <sup>1</sup>	3
HSTY 1301 <sup>2</sup>	3 HSTY 1302 <sup>2</sup>	3
KINE 2115 <sup>3</sup>	1 SOCI 2319 <sup>5</sup>	3
	<b>14</b>	<b>16</b>
<b>Second Year</b>		
<b>Fall</b>	<b>Hours</b>	<b>Spring</b>
Component Area V ( <a href="https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareav">https://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareav</a> )		3 HLTH 2383 <sup>8</sup>
		3
HLTH 1360		3 POLS 2306 <sup>7</sup>
Minor <sup>6</sup>		4 Minor <sup>6</sup>
POLS 2305 <sup>7</sup>		3 BCHS Electives <sup>9</sup>
	<b>13</b>	<b>16</b>
<b>Third Year</b>		
<b>Fall</b>	<b>Hours</b>	<b>Spring</b>
FSCN 2362 <sup>10</sup>		3 Advanced level courses in COUN, FACS, PHIL, PSYC, SOCI
HLTH 2372		3 HLTH 2391
HLTH 3350		3 HLTH 3392
HLTH 3355		3 HLTH 4387
Minor <sup>6</sup>		3 Minor Advanced <sup>6</sup>
	<b>15</b>	<b>15</b>
<b>Fourth Year</b>		
<b>Fall</b>	<b>Hours</b>	<b>Spring</b>
HLTH 4365		3 Advanced level courses in COUN, FACS, PHIL, PSYC, SOCI
HLTH 4371 or 4392		3 HLTH 4375
HLTH 4393 <sup>11</sup>		3 HLTH 4394
BHCS Elective <sup>9</sup>		4 BHCS Elective <sup>9</sup>
Minor Advanced <sup>6</sup>		3 Minor Advanced <sup>6</sup>
	<b>16</b>	<b>15</b>

**Total Hours: 120**

- <sup>1</sup> Satisfies Core Curriculum requirement for Component Area I (Communication).
- <sup>2</sup> Satisfies Core Curriculum requirement for Component Area VI (U.S. History).
- <sup>3</sup> Satisfies one hour of the Core Curriculum requirement for Component Area IX (Component Area Option).
- <sup>4</sup> BIOL 2401 (<https://catalog.shsu.edu/archives/2025-2026/search/?P=BIOL%202401>) may be used as a transfer course for this requirement; please see SAM Center advisor for more details.
- <sup>5</sup> Satisfies Core Curriculum requirement for Component Area IV (Language, Philosophy, and Culture).
- <sup>6</sup> All minors are excluded from pairing with this degree program with the exception of a Foreign Language minor.
- <sup>7</sup> Satisfies Core Curriculum requirement for Component Area VII (Political Science/Government).
- <sup>8</sup> Satisfies the requirement for Component Area VIII (Social and Behavioral Sciences).
- <sup>9</sup> See, below listing of BCHS Elective Courses.
- <sup>10</sup> FSCN 1367 may be used as a transfer course for this requirement; please see SAM Center advisor for more details.
- <sup>11</sup> HLTH 4393 (<https://catalog.shsu.edu/archives/2025-2026/search/?P=HLTH%204393>) requires a prerequisite of 12 completed hours of HLTH course work.

Code	Title	Hours
<b>BCHS Elective Courses<sup>9</sup></b>		
COUN 3331	Introduction to Principles Of Counseling	3
HLTH 3360	Epidemiology	3
HLTH 3390	Family Life & Sex Education	3

HLTH 4117	Practicum	1
HLTH 4366	Health Informatics	3
HLTH 4395	Special Topics in Health	3
PHIL 4371	Death and Dying	3

### Notes

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Students must earn a 2.0 minimum SHSU GPA in all coursework.

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HLTH 4365 requires a prerequisite of HLTH 1360, HLTH 2391 and Junior Standing.

HLTH 3350 and HLTH 3355 require a prerequisite of HLTH 1360, HLTH 2391 and 55 completed hours of coursework.

HLTH 4366 requires a prerequisite of HLTH 1360, HLTH 2391, and HLTH 3350.

HLTH 4394 requires a prerequisite of HLTH 1360, HLTH 2391, and HLTH 4393 with a "C" or better.

Students must earn a grade of "C" or better in HLTH 4393 and HLTH 4394.

HLTH 3360 requires a prerequisite of (a) HLTH 1360, (b) HLTH 2391 and (c) either MATH 1342, MATH 1370, MATH 3379, or STAT 3379.

HLTH 4393 requires a prerequisite of HLTH 1360, HLTH 2391, and 12 completed hours of of HLTH coursework.

HLTH 3392, HLTH 4117, HLTH 4371, and HLTH 4395 require HLTH 1360 and HLTH 2391 as course prerequisites.

All minors are excluded from pairing with this degree program with the exception of a Foreign Language minor.

To satisfy the Core Curriculum requirement for Component Area IX (Component Area Option), options include ARAB 2311, FREN 2311, GERM 2311, SGNL 2311, and SPAN 2311.

## Key Competency Areas

- Assessing individual and community needs.
- Planning effective health education programs.
- Implementing health education programs.
- Evaluating the effectiveness of health education programs.
- Coordinating the provision of health education services.
- Acting as a resource person.
- Communication of health and health education needs.

The Texas Higher Education Coordinating Board (THECB) marketable skills initiative is part of the state's **60x30TX plan** and was designed to help students articulate their skills to employers. Marketable skills are those skills valued by employers and/or graduate programs that can be applied in a variety of work or education settings and may include interpersonal, cognitive, and applied skill areas.

The course content of the BA in Bilingual Health Care Studies Program will prepare students with the following marketable skills.

- Effectively communicate professional health information to patients and clients in need of medical services.
- Conduct health and wellness activities and presentations to in the native language of the participants.
- Develop health programs that include the cultural mores and ethno-medical practices of the target population.
- Serve as a resource person to connect underrepresented populations to social, educational, and medical services in the community, state, and nation.
- Act as culturally competent patient navigator for families and patients receiving medical care in health clinics, hospitals districts, health departments, and hospital systems.
- Conduct health-related needs assessments to under-served populations in communities.
- Develop valid and reliable evaluation strategies to determine the effectiveness of health programs, campaigns, and events.