

MINOR IN SPORT COACHING

The Minor in Sport Coaching (SPCO) meets the needs of those interested in becoming coaches in professional, recreational, youth, and academic settings. The Minor in Sport Coaching provides foundational knowledge for any students who plan to coach in any setting. This minor also serves any Education double majors who intend to become teachers and coaches in the K-12 setting. The Minor in Sport Coaching may also be of interest to students who intend to coach at the collegiate level or outside of the K-12 setting. This minor can be paired with any degree, including a major in Kinesiology. All SPCO minors must earn a "C" or better for all KINE/ATTR courses.

Students who are Kinesiology and Education Double Majors will complete all SPCO courses as part of their degree and can apply for the SPCO certificate prior to graduation.

Most courses are offered both face-to-face and online. This minor can also be completed by those students who are 100% online.

Code	Title	Hours
Minor in Sport Coaching		
Required Courses		
ATTR 3370	Prevention & Care of Injuries ¹	3
KINE 3320	Foundations of Sport Coaching	3
KINE 3321	Applied Kinesiology	3
KINE 3372	Sport Skills Analysis	3
KINE 4335	Sport and Exercise Psychology	3
Prescribed Electives		
Select 4 from the following: ²		4
KINE 3100	Fundamentals of Basketball Coaching	
KINE 3101	Fundamentals of Volleyball Coaching	
KINE 3102	Fundamentals of Football Coaching	
KINE 3103	Fundamentals of Track & Field/Cross Country Coaching	
KINE 3104	Fundamentals of Baseball and Softball Coaching	
KINE 3105	Fundamentals of Soccer Coaching	
Total Hours		19

¹ BIOL 2403 or KINE 3321 is a prerequisite for this course. Please consider taking BIOL 2403 as one of your sciences. Reach out to the professor with any questions.

² Each of the *KINE 31XX Fundamentals of ... Coaching* courses are five-week, online courses. Pay close attention to due dates of assignments.