

# TRANSFER ARTICULATION: KINESIOLOGY

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The mission of the Department of Kinesiology (<https://www.shsu.edu/academics/health-sciences/kinesiology/>) is to advance students' understanding of relationships among movement, exercise, and skill that occur in the contexts of development, learning, rehabilitation, performance, injury prevention, sport management, and training.

Kinesiology is an academic discipline which involves the study of movement-related fields and its impact on health, society, and quality of life. It includes, but is not limited to areas of study, such as exercise science, sport management, athletic training (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-and-msat-athletic-training/#text>) (including a 3+2 option), socio-cultural analyses of sports, sport and exercise psychology, physical education teacher education, and pre-professional training for physical therapy, occupational therapy, medicine, and other related health fields. Learning occurs through the study of movement and exercise processes within a framework that emphasizes the clinical and practical implications of theory and research.

Undergraduate Kinesiology tracks in Clinical Exercise Science (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-clinical-exercise-science/>), Human Performance and Wellness Management (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-human-performance-and-wellness-management/>), a double major in Education and Kinesiology - Physical Education Teacher Education (PETE) (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/education/school-of-teaching-and-learning/bs-education-and-kinesiology/>), and Kinesiology (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology/>) prepare students for future careers in a wide range of industries. We also have a unique 3 + 2 Master of Science in Athletic Training (MSAT) (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-and-msat-athletic-training/#text>) degree option that allows students to complete an MSAT in 5 years.

The Department of Kinesiology also offers graduate programs and graduate assistantships in Athletic Training (<http://catalog.shsu.edu/archives/2023-2024/graduate-and-professional/college-departments/health-sciences/kinesiology/ms-athletic-training/>), Sport Management (<http://catalog.shsu.edu/archives/2023-2024/graduate-and-professional/college-departments/health-sciences/kinesiology/ms-sport-management/>), and Sport and Human Performance (<http://catalog.shsu.edu/archives/2023-2024/graduate-and-professional/college-departments/health-sciences/kinesiology/kinesiology-ma/>).

Kinesiology Careers include:

- Community Sports Program Director
- Youth Camp Director
- Corporate Wellness Director
- Commercial/Fitness Trainer
- Physical Educator
- Coach

Or with Advanced Post-Graduate degrees:

- Cardiac Rehabilitation Specialist
- Exercise Physiologist
- Occupational Therapist
- Physical Therapist
- Biomechanist
- Chiropractic Doctor
- Athletic Trainer (now requiring a Master's Degree)
- Sport Industry Professional (Community, Intercollegiate, or Professional Sports)

For additional information, visit the Department of Kinesiology. (<https://www.shsu.edu/academics/health-sciences/kinesiology/>)

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**Location:** LDB 107

Student Advising and Mentoring Center (<https://www.shsu.edu/centers/sam-center/>)

**Phone:** (936) 294-4444

## Courses Transfer Students Should Take at the Community College:\*

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**For the Bachelor of Science, Major in Kinesiology: Clinical Exercise Science (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-clinical-exercise-science/>), Transfer Students Should Take:**

SHSU Course Number	College/TCCN	SHSU Course Title	Semester Credit Hours
KINE 1331		Foundations of Kinesiology	3
KINE 2114		Wgt Train & Phy Conditioning	1
KINE 2115	PHED 1164	Lifetime Health and Wellness	1
BIOL 1406	BIOL 1406	General Biology I	4
BIOL 2403		Human Anatomy & Physiology I	4
BIOL 2404		Human Anatomy & Physiology II	4
CHEM 1411	CHEM 1411	General Chemistry I	4
MATH 1314	MATH 1314	Pre Calculus Algebra	3
MATH 1316	MATH 1316	Plane Trigonometry	3
PHYS 1301	PHYS 1301	General Phy-Mechanics & Heat	3
PHYS 1101	PHYS 1101	General Physics Laboratory I	1
FACS 2362			
COMS 1361	SPCH 1315	Public Speaking	3

**For the Bachelor of Science, Major in Human Performance and Wellness Management (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-human-performance-and-wellness-management/>), Transfer Students Should Take:**

SHSU Course Number	College/TCCN	SHSU Course Title	Semester Credit Hours
KINE 1331		Foundations of Kinesiology	3
KINE 2114		Wgt Train & Phy Conditioning	1
KINE 2115	PHED 1164	Lifetime Health and Wellness	1
FACS 2362			
BIOL 2403		Human Anatomy & Physiology I	4
BIOL 2404		Human Anatomy & Physiology II	4
CHEM 1406	CHEM 1406	Inorganic & Envir Chemistry	4
MATH 1314	MATH 1314	Pre Calculus Algebra	3
MATH 1370		Intro Biomedical Statistics	3
PSYC 1301	PSYC 2301	Introduction To Psychology	3
PHYS 1305	PHYS 1305	Classical Physics & Thermodynmc	3
PHYS 1105	PHYS 1105	Class Phy & Thermodynamics Lab	1

**For the Bachelor of Science, Double Major in Education and Kinesiology (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/education/school-of-teaching-and-learning/bs-education-and-kinesiology/>), Transfer Students Should Take:**

SHSU Course Number	College/TCCN	SHSU Course Title	Semester Credit Hours
KINE 1331		Foundations of Kinesiology	3
KINE 2114		Wgt Train & Phy Conditioning	1
KINE 2115	PHED 1164	Lifetime Health and Wellness	1
BIOL 2403		Human Anatomy & Physiology I	4
BIOL 2404		Human Anatomy & Physiology II	4
MATH 1314	MATH 1314	Pre Calculus Algebra	3
FACS 2362			

**For the Bachelor of Science, Major in Kinesiology (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology/>), Transfer Students Should Take:**

SHSU Course Number	College/TCCN	SHSU Course Title	Semester Credit Hours
KINE 1331		Foundations of Kinesiology	3
KINE 2114		Wgt Train & Phy Conditioning	1
KINE 2115	PHED 1164	Lifetime Health and Wellness	1
BIOL 2403		Human Anatomy & Physiology I	4
BIOL 2404		Human Anatomy & Physiology II	4
MATH 1314	MATH 1314	Pre Calculus Algebra	3
FACS 2362			
BIOL 1408	BIOL 1408	Contemporary Biology	4
MATH 1332	MATH 1332	College Mathematics	3
MATH 1342	MATH 1342	Elementary Statistics	3

**\*Other Transferable Courses:**

Other courses may transfer, depending upon the selected degree or program. Examples of courses that may fulfill a stated requirement include the following:

Code	Title	Hours
CHEM 1406 or CHEM 1411	Inorganic & Envir Chemistry General Chemistry I	4
MATH 1314 or MATH 1316	Pre Calculus Algebra Plane Trigonometry	3
MATH 1342 or MATH 1370 or MATH 3379	Elementary Statistics Intro Biomedical Statistics Statistical Mthods in Practice	3
PHYS 1305 or PHYS 1301	Classical Physics & Thermodynmc General Phy-Mechanics & Heat	3
PHYS 1105 or PHYS 1101	Class Phy & Thermodynamics Lab General Physics Laboratory I	1

Please meet with your academic advisor to confirm whether coursework will transfer from another institution and fulfill a stated requirement. Be sure to complete 'for science majors' science courses if you are planning to transfer into Clinical Exercise Science (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-clinical-exercise-science/>) or apply to graduate school in Physical Therapy or Athletic Training (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-and-msat-athletic-training/#text>) in the future. For a complete listing of degree-specific requirements, please review the degree plan within the Undergraduate Catalog (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/>).

- Bachelor of Science, Major in Human Performance and Wellness Management (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-human-performance-and-wellness-management/>)
- Bachelor of Science, Major in Kinesiology (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology/>)
- Bachelor of Science, Double Major in Education and Kinesiology (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/education/school-of-teaching-and-learning/bs-education-and-kinesiology/>)
- Bachelor of Science, Major in Kinesiology (Clinical Exercise Science) (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-clinical-exercise-science/>)
- Minor in Kinesiology (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/colleges-academic-departments/health-sciences/kinesiology/minor-kinesiology/>)

## Field of Study

Sam Houston State University supports the State of Texas Fields of Study (<https://www.highered.texas.gov/our-work/supporting-our-institutions/program-development/texas-transfer-framework/>).

The Core Curriculum (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/>) at Sam Houston State University (to be used by all incoming students as of fall 2014) contains 42 semester credit hours, encompassing nine component areas. Each component area has a minimum credit hour requirement and a selection of specific courses that may be used to satisfy the requirement. The Core Curriculum (<http://catalog.shsu.edu/archives/2023-2024/undergraduate/academic-policies-procedures/>)

[degree-requirements-academic-guidelines/core-curriculum/](#)) details Sam Houston State University courses and their Texas Common Course Number (TCCN) equivalents for college transfer students which comprise SHSU's core curriculum.

Many SHSU disciplines including the sciences, business, and education require specific courses from the SHSU core as degree specific graduation requirements. To minimize cost and time to complete degree requirements always select SHSU/transfer core courses specified as degree requirements in your intended major. If you have not decided on a major, select core courses supporting your intended area of academic concentration.

Prior to enrolling in core classes, students are encouraged to review specific degree requirements for their major. Selection of major-specified core courses reduces the total number of hours required for graduation.

If you do not see a Texas Common Course Number (TCCN) mapping a specific core course to your transfer institution, please go to Transfer Course Equivalency Guide (<https://ww2.shsu.edu/regr27wp/>) and select your institution from the drop-down menu. The result will list all currently mapped transfer courses from your institution to SHSU courses.