## MINOR IN KINESIOLOGY

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>KINE 1331</td>
<td>Foundations Of Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KINE 2114</td>
<td>Wgt Train &amp; Phy Conditioning</td>
<td>1</td>
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<tr>
<td>KINE 2115</td>
<td>Lifetime Health and Wellness</td>
<td>1</td>
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<tr>
<td>KINE 3362</td>
<td>Functional Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KINE 3364</td>
<td>Motor Learning</td>
<td>3</td>
</tr>
<tr>
<td>KINE 3373</td>
<td>Physiology Of Exercise</td>
<td>3</td>
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</tbody>
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**Requirements**

**Kinesiology Core:**

- **KINE 1331**: Foundations Of Kinesiology (3 hours)
- **KINE 2114**: Wgt Train & Phy Conditioning (1 hour)
- **KINE 2115**: Lifetime Health and Wellness (1 hour)
- **KINE 3362**: Functional Kinesiology (3 hours)
- **KINE 3364**: Motor Learning (3 hours)
- **KINE 3373**: Physiology Of Exercise (3 hours)

**Choose 6 hours advanced KINE 3000 or 4000 level**

Select one of the following: (6 hours)

- **KINE 1110**: Racquet Sports (tennis/badminton)
- **KINE 1113**: Basketball And Soccer
- **KINE 1114**: Rhythmic Activities & Dance
- **KINE 1115**: Track & Field-Gymnastics
- **KINE 2111**: Golf & Recreational Activities
- **KINE 2113**: Softball And Volleyball
- **KINE 4117**: Practicum (2 hours)

**Total Hours**: 21

1. Satisfies one hour in Core Curriculum requirement for Component Area IX (Component Area Option)
2. **KINE 4117** is a research-based experience course and you must have a professor willing to work with you on a project.

**Notes**

All KINE/ATTR majors and/or minors must earn a "C" or better for all KINE and ATTR courses.

- **KINE 1331** is recommended to be taken during the Freshman or Sophomore year.
- **KINE 3373** requires BIOL 2403 and BIOL 2404, or co-enrolled in BIOL 2404 and 45 hours.
- **KINE 3362** has a prerequisite of BIOL 2401 or BIOL 2403 and 60 hours.
- **KINE 3364** requires 60 hours.
- **KINE 4117** requires departmental approval.