

MINOR IN HUMAN NUTRITION

The Human Nutrition minor provides SHSU students who are majoring in Kinesiology, Public Health, Nursing, Psychology, Biology, and other programs with learning opportunities and skills for the nutrition care process, human nutrition, and food science.

Code	Title	Hours
Minor in Human Nutrition		
Required Courses		
FSCN 1441	Food Preparation And Selection	4
FSCN 2362	Nutrition	3
Prescribed Electives		
Select three courses from the following: ¹		9-10
FSCN 3329	Nutrition through the Lifespan	
FSCN 3339	Community Nutrition	
FSCN 3367	Food Science	
FSCN 3370	Nutritional Pathways	
FSCN 3445	Quantity Food Purchasing, Preparation, & Service	
FSCN 4372	Nutrition Counseling and Education	
FSCN 4373	Cultural Food Practices	
Total Hours		16-17

¹ Six hours of advanced electives are required.