The mission of the Department of Kinesiology (https://www.shsu.edu/academics/health-sciences/kinesiology/) is to advance students’ understanding of relationships among movement, exercise, and skill that occur in the contexts of development, learning, rehabilitation, and training.

The Kinesiology programs seek to prepare future professionals for movement-related fields such as teaching, coaching, training and fitness, allied health, and athletic training. Learning occurs through the study of movement and exercise processes within a framework that emphasizes the clinical and practical implications of theory and research.

For additional information, visit the Department of Kinesiology. (https://www.shsu.edu/academics/health-sciences/kinesiology/)

Department Contact: Dr. Emily A. Roper (ear007@shsu.edu)
Phone: (936) 294-1398
Location: HKC 207

Student Advising and Mentoring Center (https://www.shsu.edu/centers/sam-center/)
Phone: (936) 294-4444

Courses Transfer Students Should Take:*

<table>
<thead>
<tr>
<th>SHSU Course Number</th>
<th>College/TCCN</th>
<th>SHSU Course Title</th>
<th>Semester Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 1331</td>
<td></td>
<td>Foundations Of Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>KINE 2114</td>
<td></td>
<td>Wgt Train &amp; Phy Conditioning</td>
<td>1</td>
</tr>
<tr>
<td>KINE 2115</td>
<td>PHED 1164</td>
<td>Lifetime Health and Wellness</td>
<td>1</td>
</tr>
</tbody>
</table>

*Note: Other courses may transfer, depending upon the selected degree or program. For a complete listing of degree-specific requirements, please, review the degree plan within the Undergraduate Catalog (http://catalog.shsu.edu/undergraduate/).

- Bachelor of Science, Major in Human Performance and Wellness Management (http://catalog.shsu.edu/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-human-performance-and-wellness-management/)
- Bachelor of Science, Major in Kinesiology (http://catalog.shsu.edu/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology/)
- Bachelor of Science, Double Major in Education and Kinesiology (http://catalog.shsu.edu/undergraduate/colleges-academic-departments/education/school-of-teaching-and-learning/bs-education-and-kinesiology/)
- Bachelor of Science, Major in Kinesiology (Clinical Exercise Science) (http://catalog.shsu.edu/undergraduate/colleges-academic-departments/health-sciences/kinesiology/bs-kinesiology-clinical-exercise-science/)
- Minor in Kinesiology (http://catalog.shsu.edu/undergraduate/colleges-academic-departments/health-sciences/kinesiology/minor-kinesiology/)

Field of Study

Sam Houston State University supports the State of Texas Fields of Study (http://www.thecb.state.tx.us/institutional-resources-programs/public-universities-health-related-institutions/transfer-resources/field-of-study-curricula/).

The Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/) at Sam Houston State University (to be used by all incoming students as of fall 2014) contains 42 semester credit hours, encompassing nine component areas. Each component area has a minimum credit hour requirement and a selection of specific courses that may be used to satisfy the requirement. The Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/) details Sam Houston State University courses and their Texas Common Course Number (TCCN) equivalents for college transfer students which comprise SHSU’s core curriculum.

Many SHSU disciplines including the sciences, business, and education require specific courses from the SHSU core as degree specific graduation requirements. To minimize cost and time to complete degree requirements always select SHSU/transfer core courses specified as degree requirements in your intended major. If you have not decided on a major, select core courses supporting your intended area of academic concentration.

Prior to enrolling in core classes, students are encouraged to review specific degree requirements for their major. Selection of major-specified core courses reduces the total number of hours required for graduation.

If you do not see a Texas Common Course Number (TCCN) mapping a specific core course to your transfer institution, please go to Transfer Course Equivalency Guide (https://ww2.shsu.edu/regr27wp/) and select your institution from the drop-down menu. The result will list all currently mapped transfer courses from your institution to SHSU courses.