The mission of the Kinesiology program is to advance students’ understanding of relationships among movement, exercise, and skill that occur in the contexts of development, learning, rehabilitation, and training.

The program seeks to prepare future professionals for movement-related fields such as teaching, coaching, personal exercise, training and fitness, allied health, and athletic training. Learning occurs through the study of movement and exercise processes within a framework that emphasizes the clinical and practical implications of theory and research.

Explore our undergraduate program options:

- BS Athletic Training
- BS Kinesiology - Physical Education Teacher Education
- BS Kinesiology (Concentrations in Applied Exercise Science and Clinical Exercise Science)
- BS Kinesiology (Generalist)

For additional information, visit Physical Education Teacher Education (https://www.shsu.edu/academics/health-sciences/kinesiology/undergraduate/physical-education.html).

Department of Kinesiology (https://www.shsu.edu/academics/health-sciences/kinesiology/)

Phone: (936) 294-1170
Location: HKC 207

Student Advising and Mentoring Center (https://www.shsu.edu/centers/sam-center/)

Phone: (936)-294-4444

The baccalaureate degree in Athletic Training includes 122 credit hours and consists of 3 components:

- A 42-hour Core Curriculum*
- A 24-hour block of Degree Specific Requirements +
- A 74-hour block of Athletic Training major courses ◊

The Athletic Training Program maintains a competitive secondary admission process, and the number of students admitted to the program will depend on the number of placements available (typically 10-15 students annually). Students must meet the following academic requirements for consideration of admission to the SHSU Athletic Training Program:

Complete the 42-hour core curriculum as well as the program specific prerequisites with no grade less than a “C”. The program prerequisite courses include:

- BIOL 2403 Anatomy & Physiology I
- BIOL 2404 Anatomy & Physiology II
- CHEM 1411 General Chemistry I or CHEM 1406 Inorganic & Environmental Chemistry
- KINE 2115 Lifetime Health and Wellness
- MATH 3379 Statistical Methods in Practice or MATH 1369 Elementary Statistics
- ATTR 2300 Introduction to Athletic Training
- ATTR 2110 Taping and Bandaging
- Have a cumulative GPA of 2.75 or higher
- Earn a “B” or better in KINE 2115, ATTR 2300, and ATTR 2110

TCCN Table inserted here.

The baccalaureate of science degree in Kinesiology with emphasis in Physical Education Teacher Education consists of 4 components.

- A 42-hour Core Curriculum
- A 11-hour Degree Specifics
- A 43-hour Kinesiology Major Courses. Students must earn “C” or better in all Kinesiology courses.
- A 24-hour Secondary Education Minor. A 2.75 GPA is required to be admitted in the Secondary Education Program. If a student chooses an additional Minor for a second teaching field the restrictive electives in Kinesiology major will be waived.

TCCN Table inserted here.
The Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/) at Sam Houston State University (to be used by all incoming students as of fall 2014) contains 42 semester credit hours, encompassing nine component areas. Each component area has a minimum credit hour requirement and a selection of specific courses that may be used to satisfy the requirement. The Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/) details Sam Houston State University courses and their Texas Common Course Number (TCCN) equivalents for college transfer students which comprise SHSU’s core curriculum.

Many SHSU disciplines including the sciences, business, and education require specific courses from the SHSU core as degree specific graduation requirements. To minimize cost and time to complete degree requirements always select SHSU/transfer core courses specified as degree requirements in your intended major. If you have not decided on a major, select core courses supporting your intended area of academic concentration.

Prior to enrolling in core classes, students are encouraged to review specific degree requirements for their major. Selection of major-specified core courses reduces the total number of hours required for graduation.

If you do not see a Texas Common Course Number (TCCN) mapping a specific core course to your transfer institution, please go to Transfer Course Equivalency Guide (https://ww2.shsu.edu/regr27wp/) and select your institution from the drop-down menu. The result will list all currently mapped transfer courses from your institution to SHSU courses.