

# OSTEOPATHIC MEDICINE (OSTM)

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**OSTM 7301. Osteopathic Manipulative Medicine 1. 3 Hours.**

Students are introduced to the principles and practices unique to osteopathic medicine, including osteopathic examination and techniques. Students develop the contextual framework and basic skills necessary for providing osteopathic patient care. Students also critically appraise osteopathic history and philosophy, thereby, beginning professional identity formation as an osteopathic physician. This course is taught in conjunction with Clinical Medicine 1.

**OSTM 7302. Osteopathic Manipulative Medicine 2. 3 Hours.**

Students continue their exploration of osteopathic principles and practices as they apply to the nervous, immune, head/eyes/ears/nose/throat, and musculoskeletal systems. Students learn new osteopathic exams and techniques and receive reinforcement of previously learned ones. Evidence based medicine is introduced, and mind-body medicine is investigated. This course is taught in conjunction with Clinical Medicine 2.

**OSTM 7303. Osteopathic Manipulative Medicine 3. 3 Hours.**

Students continue their exploration of osteopathic principles and practices as they apply to the renal, cardiovascular, pulmonary, and gastrointestinal systems. Students learn new osteopathic exams and techniques and receive reinforcement of previously learned ones. Evidence based medicine and the concept of spirit and spirituality as they apply to patient care are also included. This course is taught in conjunction with Clinical Medicine 3.

**OSTM 7304. Osteopathic Manipulative Medicine 4. 3 Hours.**

Students continue their exploration of osteopathic principles and practices as they apply to the genitourinary and endocrine systems, as well as providing care for pediatric, geriatric, pregnant, and chronic pain patients and athletes. Students complete their evidence based medicine projects from previous semesters and revisit osteopathic philosophy from a whole-patient perspective. Students have an opportunity to consolidate materials and skills from the previous three OMM courses and prepare for national examinations. This course is taught in conjunction with Clinical Medicine 4.