

# MINOR IN KINESIOLOGY

Code	Title	Hours
<b>Minor in Kinesiology</b>		
<b>Required Courses</b>		
KINE 1331	Foundations of Kinesiology <sup>1</sup>	3
KINE 2114	Wgt Train & Phy Conditioning	1
KINE 2115	Lifetime Health and Wellness <sup>2</sup>	1
KINE 3362	Functional Kinesiology <sup>1</sup>	3
KINE 3364	Motor Learning <sup>1</sup>	3
KINE 3373	Physiology of Exercise <sup>1</sup>	3
<b>Prescribed Electives</b>		
Choose 6 hours advanced KINE 3000 or 4000 level <sup>1</sup>		6
Select one of the following:		1
KINE 1110	Racquet Sports (tennis/badminton)	
KINE 1113	Basketball and Soccer	
KINE 1114	Rhythmic Activities & Dance	
KINE 1115	Track & Field-Gymnastics	
KINE 2111	Golf & Recreational Activities	
KINE 2113	Softball and Volleyball	
KINE 4117	Practicum <sup>3</sup>	
<b>Total Hours</b>		<b>21</b>

<sup>1</sup> KINE 1331 is a prerequisite for all upper level KINE courses.

<sup>2</sup> Satisfies one hour in Core Curriculum requirement for Component Area IX (Component Area Option)

<sup>3</sup> KINE 4117 is a research-based experience course, and you must have a professor willing to work with you on a project.

## Notes

Must earn a "C" or better for all KINE and ATTR courses.

KINE 1331 is recommended to be taken during the Freshman or Sophomore year and is a prerequisite for all upper level KINE courses.

KINE 3362 has prerequisites of KINE 1331 and BIOL 2403 and 45 hours.

KINE 3364 has prerequisites of KINE 1331 and requires 45 hours.

KINE 3373 has prerequisites of KINE 1331, BIOL 2403, BIOL 2404, and 45 hours.

KINE 4117 requires departmental approval.