

MINOR IN KINESIOLOGY

| Code | Title | Hours |
|---|---|-----------|
| Minor in Kinesiology | | |
| Requirements | | |
| Kinesiology Core: | | |
| KINE 1331 | Foundations Of Kinesiology | 3 |
| KINE 2114 | Wgt Train & Phy Conditioning | 1 |
| KINE 2115 | Lifetime Health and Wellness ¹ | 1 |
| KINE 3362 | Functional Kinesiology | 3 |
| KINE 3364 | Motor Learning | 3 |
| KINE 3373 | Physiology Of Exercise | 3 |
| Choose 6 hours advanced KINE 3000 or 4000 level | | 6 |
| Select one of the following: | | 1 |
| KINE 1110 | Racquet Sports (tennis/badminton) | |
| KINE 1113 | Basketball And Soccer | |
| KINE 1114 | Rhythmic Activities & Dance | |
| KINE 1115 | Track & Field-Gymnastics | |
| KINE 2111 | Golf & Recreational Activities | |
| KINE 2113 | Softball And Volleyball | |
| KINE 4117 | Practicum ² | |
| Total Hours | | 21 |

¹ Satisfies one hour in Core Curriculum requirement for Component Area IX (Component Area Option)

² KINE 4117 is a research-based experience course and you must have a professor willing to work with you on a project.

Notes

All KINE/ATTR majors and/or minors must earn a "C" or better for all KINE and ATTR courses.

KINE 1331 is recommended to be taken during the Freshman or Sophomore year.

KINE 3373 requires BIOL 2403 and BIOL 2404, or co-enrolled in BIOL 2404 and 45 hours.

KINE 3362 has a prerequisite of BIOL 2401 or BIOL 2403 and 60 hours.

KINE 3364 requires 60 hours.

KINE 4117 requires departmental approval.