

BACHELOR OF SCIENCE, DOUBLE MAJOR IN EDUCATION AND KINESIOLOGY

This double major degree program prepares students to teach Physical Education at the Pre-K through 12th grade level in the state of Texas. Students will participate in methods and student teaching as their culminating component of the degree. Students will be prepared to sit for the TExES Physical Education Certification exam. The content of the program is aligned with the Society of Health and Physical Educator (SHAPE) and Council for the Accreditation of Educator Preparation (CAEP) Initial PETE standards.

Code	Title	Hours
Bachelor of Science, Double Major in Education and Kinesiology		
Core Curriculum (http://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/)		
Component Area I (Communication)		6
Component Area II (Mathematics) ¹		3
Component Area III (Life and Physical Science) ²		8
Component Area IV (Language, Philosophy, and Culture)		3
Component Area V (Creative Arts)		3
Component Area VI (U.S. History)		6
Component Area VII (Political Science/Government)		6
Component Area VIII (Social and Behavioral Sciences)		3
Component Area IX (Component Area Option) ³		4
Degree Specific Requirements		
BIOL 2403	Human Anatomy & Physiology I ^{2,4}	4
BIOL 2404	Human Anatomy & Physiology II ^{2,4}	4
MATH 1314 or MATH 1332	Pre Calculus Algebra ¹ College Mathematics	3
Education Major		
CISE 3384	The Teaching Profession	3
CISE 4364	Mth Tch Secondary Schools (Taken twice)	6
CISE 4377	Assmt Stdnt Lrng In Secondary	3
CISE 4378	Content Literacy	3
CISE 4379	Differentiated Pedagogy	3
CISE 4380	Respon Of Pro Educator	3
TESL 4303	Teaching Eng As A Second Lang	3
Kinesiology Major		
ATTR 3370	Prevention & Care of Injuries	3
FACS 2362	Nutrition ⁵	3
KINE 1110	Racquet Sports	1
KINE 1113	Basketball And Soccer	1
KINE 1114	Rhythmic Activities & Dance	1
KINE 1331	Foundations Of Kinesiology	3
KINE 2113	Softball And Volleyball	1
KINE 2114	Wgt Train & Phy Conditioning	1
KINE 2115	Lifetime Health and Wellness ³	1
KINE 3117	Competency in Motor Skills ⁶	1
KINE 3362	Functional Kinesiology	3
KINE 3363	Assessment In Kinesiology	3
KINE 3364	Motor Learning	3
KINE 3367	Lifespan Motor Development	3
KINE 3368	Skill Themes & Mvmnt Concepts ⁷	3
KINE 3372	Team& Indv/Dual Sprt Skill Anal	3
KINE 3373	Physiology Of Exercise	3

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KINE 3375	Teaching Secondary Phys Educ ^{7,8}	3
KINE 4314	Advanced Strength Training	3
or KINE 4335	Sport and Exercise Psychology	
KINE 4363	Elementary Physical Education ^{7,9}	3
KINE 4364	Fitness Education ⁷	3
KINE 4369	Adapted Physical Activity ⁷	3
Student Teaching		
CIEE 4392	Std Tch Elementary School	3
CISE 4394	Creatng Env For Lrng-Secondary	3
CISE 4396	Std Tch Secondary Classroom	3

Total Hours **126**

- ¹ Satisfies Core Curriculum requirement for Component Area II (Mathematics).
- ² Satisfies the Core Curriculum requirement for Component Area III (Life and Physical Science).
- ³ Satisfies one hour of the Core Curriculum requirement for Component Area IX (Component Area Option).
- ⁴ BIOL 2401 and BIOL 2402 may be used as a transfer course for this requirement; please see a SAM Center advisor for more details.
- ⁵ FACS 1367 may be used as a transfer course for this requirement; please see a SAM Center advisor for more details.
- ⁶ Students double majoring in Education and Kinesiology must pass the motor skills assessments KINE 3117 to be eligible for Student Teaching.
- ⁷ Field-based experiences required.
- ⁸ Offered in Fall term only.
- ⁹ Offered in Spring term only.

Notes

Students must earn a 2.5 minimum GPA in all Education coursework (SHSU and cumulative).

Students must earn a 2.75 GPA (overall or in the last 60 hours) to be admitted into the State Educator Preparation Program.

Students must earn a "C" or better in all Kinesiology/Athletic Training and Education coursework.

Physical Education Teacher candidates must be in the *Healthy Fitness Zones* of at least two of the health-related fitness components of the FITNESSGRAM battery test (body composition, muscular strength and endurance, flexibility, and aerobic capacity) before enrolling in student teaching (CISE 4394, CISE 4396, and CIEE 4392).

CISE 3384 is the prerequisite to all Secondary Education Program courses.

Physical Education teacher education candidates must take their physical education content certification exam and score a minimum of 75% in order to take the 158 TEXES Physical Education EC – 12 certification exam. Physical Education teacher education candidates must apply to the Education Preparation Program and meet Ed Prep and the Secondary Education Program requirements including a 2.75 GPA.

KINE 3362 requires a prerequisite of BIOL 2403 and 60+ hours. Students may co-enroll with BIOL course.

ATTR 3370, requires a prerequisite of BIOL 2403 and 60 + hours.

KINE 3363, KINE 3373, KINE 3368, and KINE 3375 require Junior Standing.

KINE 4363 has a prerequisite of KINE 3368. Field-based experiences required.

KINE 1331 should be taken your Freshman or Sophomore year.

KINE 3373requires 60 hours and a prerequisite of BIOL 2403 and BIOL 2404.

KINE 4364 has a prerequisite of KINE 3373.

First Year

Fall	Hours	Spring	Hours
Component Area V (http://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareav)		3 Component Area IV (http://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareav)	3

ENGL 1301 ¹	3	Component Area VIII (http://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaviii)	3
HIST 1301 ²	3	BIOL 2403 ^{5, 6}	4
KINE 1110	1	ENGL 1302 ¹	3
KINE 1331	3	HIST 1302 ²	3
KINE 2115 ³	1	KINE 1113	1
MATH 1314 or 1332 ⁴	3		
	17		17

Second Year

Fall	Hours	Spring	Hours
Component Area IX (http://catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaix)		3 ATTR 3370	3
BIOL 2404 ^{5, 6}		4 FACS 2362 ⁸	3
CISE 3384		3 KINE 3362	3
KINE 1114		1 KINE 3372	3
KINE 2113		1 POLS 2306 ⁷	3
KINE 2114		1	
POLS 2305 ⁷		3	
	16		15

Third Year

Fall	Hours	Spring	Hours
CISE 4380		3 CISE 4364	3
KINE 3363		3 CISE 4378	3
KINE 3364		3 KINE 4363 ^{9, 10}	3
KINE 3367		3 KINE 4364 ⁹	3
KINE 3368 ⁹		3 KINE 4369 ⁹	3
KINE 3373		3 TESL 4303	3
	18		18

Fourth Year

Fall	Hours	Spring	Hours
CISE 4364		3 CIEE 4392	3
CISE 4377		3 CISE 4394	3
CISE 4379		3 CISE 4396	3
KINE 3117 ¹¹		1	
KINE 3375 ^{9, 12}		3	
KINE 4314 or 4335		3	
	16		9

Total Hours: 126

- ¹ Satisfies Core Curriculum requirement for Component Area I (Communication).
- ² Satisfies Core Curriculum requirement for Component Area VI (US History).
- ³ Satisfies 1 credit hour of Core Curriculum Component Area IX (Component Area Option).
- ⁴ Satisfies Core Curriculum requirement for Component Area II (Mathematics).
- ⁵ Satisfies Core Curriculum requirement for Component Area III (Life and Physical Science).
- ⁶ BIOL 2401 and BIOL 2402 may be used as a transfer course for this requirement; please see a SAM Center advisor for more details.
- ⁷ Satisfies Core Curriculum requirement for Component Area VII (Political Science/Government).
- ⁸ FACS 1367 (<http://catalog.shsu.edu/archives/2021-2022/search/?P=FACS%201367>) may be used as a transfer course for this requirement; please see a SAM Center advisor for more details.
- ⁹ Field-based experiences required.

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¹⁰ Offered only in Spring term.

¹¹ Students double majoring in Education and Kinesiology must pass the motor skills assessments KINE 3117 to be eligible for Student Teaching.

¹² Offered only in the Fall term.

Notes

Students must earn a 2.5 minimum GPA in all Education coursework (SHSU and cumulative).

Students must earn a "C" or better in all Education coursework.

Students must earn a 2.75 GPA (overall or in the last 60 hours) to be admitted into the State Educator Preparation Program.

Students must earn a "C" or better in all Kinesiology/Athletic Training and Education coursework.

Students must earn cumulative 2.0 minimum GPA in all Kinesiology coursework.

Physical Education Teacher candidates must be in the *Healthy Fitness Zones* of at least two of the health-related fitness components of the FITNESSGRAM battery test (body composition, muscular strength and endurance, flexibility, and aerobic capacity) before enrolling in student teaching (CISE 4394, CISE 4396, and CIEE 4392).

CISE 3384 is the prerequisite to all Secondary Education Program Courses.

Physical Education teacher education candidates must take their physical education content certification exam and score a minimum of 75% in order to take the 158 TExES Physical Education EC – 12 certification exam. Physical Education teacher education candidates must apply to the Education Preparation Program and meet Ed Prep and the Secondary Education Program requirements including a 2.75 GPA.

All KINE/ATTR majors and/or minors must earn a "C" or better for all KINE and ATTR courses.

KINE 3362 requires a prerequisite of BIOL 2403 and 60+ hours. Students may co-enroll with BIOL 2403 course.

ATTR 3370 requires a prerequisite of BIOL 2403 and 60+ hours.

KINE 3373 requires 60 hours and a prerequisite of BIOL 2403 and BIOL 2404.

KINE 3363, KINE 3368, and KINE 3375 require Junior Standing.

KINE 4363 has a prerequisite of KINE 3368. Field-based experiences required.

KINE 1331 should be taken in your Freshman or Sophomore year.

Students must take BIOL 2403 and BIOL 2404 as an 8 hour sequence.

KINE 4364 has a prerequisite of KINE 3373.

The Texas Higher Education Coordinating Board (THECB) marketable skills initiative is part of the state's **60x30TX plan** and was designed to help students articulate their skills to employers. Marketable skills are those skills valued by employers and/or graduate programs that can be applied in a variety of work or education settings and may include interpersonal, cognitive, and applied skill areas.

The BS with a Double Major in Education and in Kinesiology is designed to provide graduates with the following marketable skills:

- Content and pedagogical knowledge to teach physical education in Pre K-12 schools.
- Ability to promote physical activity beyond the physical education setting.
- Knowledge of Skill Themes, Sport Education, and Fitness Education instructional models.
- Student-centered physical education teachers.
- Culturally responsive and inclusive.
- Appropriate professional and ethical teacher behaviors.
- Fully certified to teach physical education in Pre K-12 schools.