

# UNIVERSITY-WIDE (UNIV)

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**UNIV 1101. Learning Frameworks. 1 Hour.**

Students explore the science of learning, cognition, and motivation to develop and apply self-directed learning skills to their own academic programs and career development.

**UNIV 1301. Intro To Collegiate Studies. 3 Hours.**

UNIV 1301 is a seminar designed to enhance the first-year experience for beginning college students and to increase student success in college. The varied content of the course will facilitate a smoother transition into the college culture. Content areas include: goal setting and time management skills, writing skills, test preparation and taking skills, critical thinking skills, major and career exploration, locating and utilizing campus resources, diversity awareness, wellness strategies, money management, and leadership/civic service awareness. Students with junior and senior status will need to contact the First-Year Experience Office for approval.

**Prerequisite:** Open to all first year students (first-time and transfer) with less than 60 hours of college credit.