

TRANSFER ARTICULATION: HEALTH

The Health Program at Sam Houston State University would like to invite you to contact us, visit us, if possible, and eventually join the program. The mission of the Health Program at Sam Houston State University is to enhance the health and improve the quality of life for individuals, families, and communities through the provision of teaching, service, and research in the areas of health education and health promotion.

To meet students' diverse needs and interests, students may choose a Bachelor of Science degree with an emphasis in community health or health fitness.

Major in Health

Bachelor of Science - Health Fitness

This degree option prepares students for employment as managers of adult fitness settings, including private health clubs, YMCAs, and corporate wellness programs.

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Major in Bilingual Health Care Studies

Bachelor of Arts - Bilingual Health Care Studies

The BHCS is a Bachelor of Arts degree majoring in Bilingual Health Care Studies and a Minor in Foreign Language with an emphasis on linguistic area with growing health care needs and prepares students to be culturally competent patient navigators. Patient navigators are medical advocates who are educated in medical terminology in two languages and work with doctors and patients in overcoming barriers to accessibility of health care.

The 81st, Texas Legislature 2009, passed a bill requiring health care entities to employ patient navigators. This law has benefited the BHCS program by accelerating the establishment of intern sites.

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Minor

A minor is offered to students interested in community health education. Health minors take 21 hours including HLTH 1366, 4387, 4393, 4394 and nine additional hours from health with at least 3 of those hours advanced.

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The Core Curriculum (<http://catalog.shsu.edu/archives/2020-2021/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/>) at Sam Houston State University (to be used by all incoming students as of fall 2014) contains 42 semester credit hours, encompassing nine component areas. Each component area has a minimum credit hour requirement and a selection of specific courses that may be used to satisfy the requirement. The Core Curriculum (<http://catalog.shsu.edu/archives/2020-2021/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/>) details Sam Houston State University courses and their Texas Common Course Number (TCCN) equivalents for college transfer students which comprise SHSU's core curriculum.

Many SHSU disciplines including the sciences, business, and education require specific courses from the SHSU core as degree specific graduation requirements. To minimize cost and time to complete degree requirements always select SHSU/transfer core courses specified as degree requirements in your intended major. If you have not decided on a major, select core courses supporting your intended area of academic concentration.

Prior to enrolling in core classes, students are encouraged to review specific degree requirements for their major. Selection of major-specified core courses reduces the total number of hours required for graduation.

If you do not see a Texas Common Course Number (TCCN) mapping a specific core course to your transfer institution, please go to Transfer Course Equivalency Guide (<https://ww2.shsu.edu/regr27wp/>) and select your institution from the drop-down menu. The result will list all currently mapped transfer courses from your institution to SHSU courses.