

BACHELOR OF SCIENCE, MAJOR IN KINESIOLOGY, PHYSICAL EDUCATION TEACHER EDUCATION (PETE)

This degree track prepares students to teach Physical Education at the Pre-K through 12th grade level in the state of Texas. Students will participate in methods and student teaching as their culminating component of the degree. Students will be prepared to sit for the Texas Physical Education exam. The content of the program is aligned with the Society of Health and Physical Educator (SHAPE) and Council for the Accreditation of Educator Preparation (CAEP) Initial PETE standards.

Code	Title	Hours
Bachelor of Science, Major in Kinesiology with PETE		
Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum)		
Component Area I (Communication)		6
Component Area II (Mathematics)		3
Component Area III (Life and Physical Science)		8
Component Area IV (Language, Philosophy, and Culture)		3
Component Area V (Creative Arts)		3
Component Area VI (U.S. History)		6
Component Area VII (Political Science/Government)		6
Component Area VIII (Social and Behavioral Sciences)		3
Component Area IX (Component Area Option)		4
Degree Specific Requirements		
BIOL 2403 or BIOL 2401	Human Anatomy & Physiology I ¹ Human Anatomy	4
BIOL 2404 or BIOL 2402	Human Anatomy & Physiology II ¹ Human Physiology	4
FACS 2362	Nutrition ²	3
Major Core		
KINE 1331	Foundations Of Kinesiology	3
KINE 2115	Lifetime Health and Wellness ³	1
KINE 3362	Functional Kinesiology	3
KINE 3364	Motor Learning	3
KINE 3373	Physiology Of Exercise	3
Major		
KINE 1110	Racquet Sports	1
KINE 1113	Basketball And Soccer	1
KINE 1114	Rhythmic Activities & Dance	1
KINE 2113	Softball And Volleyball	1
KINE 2114	Wgt Train & Phy Conditioning	1
KINE 3117	Competency in Motor Skills (PETE majors only) ⁴	1
KINE 3363	Assessment In Kinesiology	3
KINE 3367	Lifespan Motor Development	3
KINE 3368	Skill Themes & Mvmnt Concepts (PETE majors only) ²	3
ATTR 3370	Prevention & Care of Injuries	3
KINE 3375	Teaching Secondary Phys Educ (PETE majors only) ^{2,5}	3
KINE 3372	Team& Indv/Dual Sprt Skill Anal	3
KINE 4363	Elementary Physical Education (PETE majors only) ^{2,6}	3
KINE 4364	Fitness Education ²	3
KINE 4369	Adapted Physical Activity ²	3
Select 2 of the following restrictive electives ⁷		6
KINE 3388	Sports In Contemp Society	
KINE 4314	Advanced Strength Training	
KINE 4335	Sport and Exercise Psychology	

Secondary Education Minor Required

CISE 3384	The Teaching Profession ⁸	3
Methods Block		
CISE 4364	Mth Tch Secondary Schools ⁹	3
CISE 4378	Content Literacy ¹⁰	3
CISE 4379	Differentiated Pedagogy ⁹	3
CISE 4380	Respon Of Pro Educator ¹⁰	3
Student Teaching		
CIEE 4392	Std Tch Elementary School	3
CISE 4394	Creatng Env For Lrng-Secondary	3
CISE 4396	Std Tch Secondary Classroom	3
Total Hours		120

- ¹ Satisfies the Core Curriculum requirement for Component Area III (Life and Physical Science).
- ² Field-based experiences required.
- ³ Satisfies one hour of the Core Curriculum requirement for Component Area IX (Component Area Option).
- ⁴ PETE majors must pass the motor skills assessments KINE 3117 to be eligible for Student Teaching.
- ⁶ Offered in Spring term only.
- ⁵ Offered in Fall term only.
- ⁷ These 6 hours are waived if a 2nd minor is selected.
- ⁸ CISE 3384 must be taken before CISE 4378 and CISE 4380
- ⁹ CISE 4364 and CISE 4379 must be taken before CISE 4394, CISE 4396, and CIEE 4392.
- ¹⁰ CISE 4380 and CISE 4378 must be taken before CISE 4364 and CISE 4379.

Notes

Physical Education Teacher candidates must be in the *Healthy Fitness Zones* of at least two of the health-related fitness components of the FITNESSGRAM battery test (body composition, muscular strength and endurance, flexibility, and aerobic capacity) before enrolling in student teaching (CISE 4394, CISE 4396, and CIEE 4392).

All KINE/ATTR majors and/or minors must earn a "C" or better for all KINE and ATTR courses.

KINE 3362 requires a prerequisite of BIOL 2401 or BIOL 2403 and 60+ hours. Students may co-enroll with BIOL course.

ATTR 3370, requires a prerequisite of BIOL 2403 or BIOL 2401 and 60 + hours.

KINE 3363, KINE 3373, KINE 3368, and KINE 3375 require Junior Standing.

KINE 4363 has a prerequisite of KINE 3368. Field-based experiences required.

KINE 1331 should be taken your Freshman or Sophomore year

CISE 3384 is the prerequisite to all Secondary Education Program Courses. The student must have at least 32 hours on the transcript to enroll for this course.

CISE 4380 and CISE 4378 require 20 hours of Field Experience (10 hours per course). Physical Education teacher education candidates must to take their physical education content certification exam and score a minimum of 75% in order to take the 158 TExES Physical Education EC – 12 certification exam. Physical Education teacher education candidates must apply to the Education Preparation Program and meet Ed Prep and the Secondary Education Program requirements including a 2.75 GPA to enroll in CISE 4364 and CISE 4379.

CISE 4364 and CISE 4379 require the following prerequisites: CISE 3384, CISE 4378, & CISE 4380; Admission to the Educator Preparation Program; and 60 hours of Field Experience (30 hours per course). Physical Education Teacher Candidates must apply for Student Teaching during this semester, take the 158 TExES Physical Education EC-12 certification exam, and take the practice Pedagogy and Professional Responsibilities (PPR) certification test.

First Year

Fall	Hours Spring	Hours
Component Area V (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareav)	3 Component Area IV (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaiiv)	3

ENGL 1301 ¹	3 Component Area VIII (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaviii)	3
HIST 1301 ²	3 BIOL 2403 or 2401 ⁵	4
KINE 1110	1 ENGL 1302 ¹	3
KINE 1331	3 HIST 1302 ²	3
KINE 2115 ³	1 KINE 1113	1
MATH 1314 or 1332 ⁴	3	
		17

Second Year

Fall	Hours Spring	Hours
Component Area IX (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaix)	3 ATTR 3370	3
KINE 2113	1 CISE 3384 ⁹	3
BIOL 2404 or 2402 ⁵	4 KINE 3372	3
FACS 2362 ⁶	3 KINE 3362	3
KINE 3388, 4314, or 4335 ⁷	3 KINE 2114	1
POLS 2305 ⁸	3 POLS 2306 ⁸	3
		17

Third Year

Fall	Hours Spring	Hours
KINE 1114	1 CISE 4378 ¹⁰	3
KINE 3363	3 CISE 4380 ¹⁰	3
KINE 3364	3 KINE 4363 ^{6, 11}	3
KINE 3367	3 KINE 4364 ⁶	3
KINE 3368 ⁶	3 KINE 4369 ⁶	3
KINE 3373	3	
		16

Fourth Year

Fall	Hours Spring	Hours
CISE 4364 ¹²	3 CIEE 4392	3
CISE 4379 ¹²	3 CISE 4394	3
KINE 3117 ¹³	1 CISE 4396	3
KINE 3375 ^{6, 14}	3	
KINE 3388, 4314, or 4335 ⁷	3	
		13

Total Hours: 120

- ¹ Satisfies Core Curriculum requirement for Component Area I (Communication).
- ² Satisfies Core Curriculum requirement for Component Area VI (US History).
- ³ Satisfies 1 credit hour of Core Curriculum Component Area IX (Component Area Option).
- ⁴ Satisfies Core Curriculum requirement for Component Area II (Mathematics).
- ⁵ Satisfies Core Curriculum requirement for Component Area III (Life and Physical Science).
- ⁶ Field-based experiences required.
- ⁷ These 6 hours are waived if a 2nd minor is selected.
- ⁸ Satisfies Core Curriculum requirement for Component Area VII (Political Science/Government).
- ⁹ CISE 3384 must be taken before CISE 4378 and CISE 4380.
- ¹⁰ CISE 4380 and CISE 4378 must be taken before CISE 4364 and CISE 4379.
- ¹¹ Offered only in Spring term.
- ¹² CISE 4364 and CISE 4379 must be taken before CISE 4394, CISE 4396, and CIEE 4392

¹³ PETE majors must pass the motor skills assessments KINE 3117 to be eligible for Student Teaching.

¹⁴ Offered only in the Fall term.

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ATTR 3370 requires a prerequisite of BIOL 2401 or BIOL 2403 and 60+ hours.

KINE 3373 requires a prerequisite of BIOL 2401/BIOL 2402 OR BIOL 2403/BIOL 2404.

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Students must either take BIOL 2401 and BIOL 2402 as an 8 hour sequence, or they can take BIOL 2403 and BIOL 2404 as an 8 hour sequence.