

# MINOR IN KINESIOLOGY

## Minor in Kinesiology

### Requirements

Kinesiology Core:

|   |   |    |
|---|---|----|
| KINE 1331                                       | Foundations Of Kinesiology                | 3  |
| KINE 2114                                       | Wgt Train & Phy Conditioning              | 1  |
| KINE 2115                                       | Lifetime Health and Wellness <sup>1</sup> | 1  |
| KINE 3362                                       | Functional Kinesiology                    | 3  |
| KINE 3364                                       | Motor Learning                            | 3  |
| KINE 3373                                       | Physiology Of Exercise                    | 3  |
| Choose 6 hours advanced KINE 3000 or 4000 level |   | 6  |
| Select one of the following:                    |   | 1  |
| KINE 1110                                       | Racquet Sports (tennis/badminton)         |    |
| KINE 1113                                       | Basketball And Soccer                     |    |
| KINE 1114                                       | Rhythmic Activities & Dance               |    |
| KINE 1115                                       | Track & Field-Gymnastics                  |    |
| KINE 2111                                       | Golf & Recreational Activities            |    |
| KINE 2113                                       | Softball And Volleyball                   |    |
| KINE 4117                                       | Practicum <sup>2</sup>                    |    |
| Total Hours                                     |   | 21 |

<sup>1</sup> Satisfies one hour in Core Curriculum requirement for Component Area IX (Component Area Option)

<sup>2</sup> KINE 4117 is a research-based experience course and you must have a professor willing to work with you on a project.

### Notes

Recommended to take KINE 1331 Freshman or Sophomore year

KINE 3364 and KINE 3373 require Junior Standing.

KINE 3362 has a prerequisite of BIOL 2401 or BIOL 3410 or permission of the instructor