

BACHELOR OF SCIENCE, MAJOR IN KINESIOLOGY, PHYSICAL EDUCATION TEACHER EDUCATION (PETE)

This degree will prepare students to teach Physical Education at the Pre-K through 12th grade level in the state of Texas. Students will participate in methods and student teaching as their culminating component of the degree. Students will be prepared to sit for the Texas Physical Education exam. The content of the program is aligned with the National Association of Sport and Physical Education standards.

Bachelor of Science, Major in Kinesiology with PETE

Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum)

Component Area I (Communication)	6
Component Area II (Mathematics)	3
Component Area III (Life and Physical Science)	8
Component Area IV (Language, Philosophy, and Culture)	3
Component Area V (Creative Arts)	3
Component Area VI (U.S. History)	6
Component Area VII (Political Science/Government)	6
Component Area VIII (Social and Behavioral Sciences)	3
Component Area IX (Component Area Option)	4

Degree Specific Requirements

BIOL 1408	Contemporary Biology ¹	4
or BIOL 1436	Foundations Of Science	
BIOL 2401	Human Anatomy ¹	4
or BIOL 2403	Human Anatomy & Physiology I	
BIOL 2402	Human Physiology	4
or BIOL 2404	Human Anatomy & Physiology II	
CHEM 1406	Inorganic & Envir Chemistry	4
or PHYS 1305 & PHYS 1105	Classical Physics & Thermodynmc and Class Phy & Thermodynamics Lab	
FACS 2362	Nutrition ²	3

Major Core

KINE 1331	Foundations Of Kinesiology	3
KINE 2115	Lifetime Health and Wellness ³	1
KINE 3362	Functional Kinesiology	3
KINE 3364	Motor Learning	3
KINE 3373	Physiology Of Exercise	3

Major

KINE 1114	Rhythmic Activities & Dance	1
KINE 3117	Competency in Motor Skills (PETE majors only) ⁴	1
KINE 3363	Assessment In Kinesiology	3
KINE 3367	Lifespan Motor Development	3
KINE 3368	Skill Themes & Mvmnt Concepts (PETE majors only) ²	3
KINE 3375	Teaching Seconday Physical Edu (PETE majors only) ²	3
KINE 4363	Elementary Physical Education (PETE majors only) ²	3
KINE 4364	Fitness Education ²	3
KINE 4369	Adapted Physical Activity ²	3

Select 2 of the following restrictive electives ⁵ 6

ATTR 3370	Prevention & Care of Injuries	
KINE 3372	Team& Indv/Dual Sprt Skill Anal	
KINE 3388	Sports In Contemp Society	

Select two of the following KINE Activity: 2

KINE 1110	Racquet Sports	
KINE 1113	Basketball And Soccer	

KINE 2113	Softball And Volleyball	
KINE 2114	Wgt Train & Phy Conditioning	
Secondary Education Minor Required		
CISE 3384	The Teaching Profession ⁶	3
Methods Block		
CISE 4364	Mth Tch Secondary Schools ⁷	3
CISE 4378	Content Literacy ⁸	3
CISE 4379	Differentiated Pedagogy ⁷	3
CISE 4380	Respon Of Pro Educator ⁸	3
Student Teaching		
CIEE 4392	Std Tch Elementary School	3
CISE 4394	Creatng Env For Lrng-Secondary	3
CISE 4396	Std Tch Secondary Classroom	3
Total Hours		120

¹ Satisfies the Core Curriculum requirement for Component Area III (Life and Physical Science).

² Field-based experiences required.

³ Satisfies one hour of the Core Curriculum requirement for Component Area IX (Component Area Option).

⁴ PETE majors must pass the motor skills assessments KINE 3117 to be eligible for Student Teaching.

⁵ These 6 hours are waived if a 2nd minor is selected.

⁶ CISE 3384 must be taken before CISE 4378 and CISE 4380

⁷ CISE 4364 and CISE 4379 must be taken before CISE 4394, CISE 4396, and CIEE 4392.

⁸ CISE 4380 and CISE 4378 must be taken before CISE 4364 and CISE 4379.

Notes

Physical Education Teacher candidates must be in the *Healthy Fitness Zones* of at least two of the health-related fitness components of the FITNESSGRAM battery test (body composition, muscular strength and endurance, flexibility, and aerobic capacity) before enrolling in student teaching (CISE 4394, CISE 4396, and CIEE 4392).

All KINE/ATTR majors and/or minors must earn a "C" or better for all KINE and ATTR courses.

KINE 3362 and ATTR 3370 requires a prerequisite of BIOL 2401 (in Core) or BIOL 3410.

KINE 3363, KINE 3373, KINE 3364, KINE 3368, ATTR 3370, and KINE 3375 require Junior Standing.

KINE 4363 has a prerequisite of KINE 3368. Field-based experiences required.

KINE 1331 should be taken your Freshman or Sophomore year

CISE 3384 is the prerequisite to all Secondary Education Program Courses. The student must have at least 32 hours on the transcript to enroll for this course.

CISE 4380 and CISE 4378 require 20 hours of Field Experience (10 hours per course). Physical Education teacher education candidates must to take their physical education content certification exam and score a minimum of 75% in order to take the 158 TExES Physical Education EC – 12 certification exam. Physical Education teacher education candidates must apply to the Education Preparation Program and meet Ed Prep and the Secondary Education Program requirements including a 2.75 GPA to enroll in CISE 4364 and CISE 4379.

CISE 4364 and CISE 4379 require the following prerequisites: CISE 3384, CISE 4378, & CISE 4380; Admission to the Educator Preparation Program; and 60 hours of Field Experience (30 hours per course). Physical Education Teacher Candidates must apply for Student Teaching during this semester, take the 158 TExES Physical Education EC–12 certification exam, and take the practice Pedagogy and Professional Responsibilities (PPR) certification test.

Students must either take BIOL 2401 and BIOL 2402 as an 8 hour sequence, or they can take BIOL 2403 and BIOL 2404 as an 8 hour sequence.

First Year

Fall	Hours Spring	Hours
Component Area IV (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaiv)	3 ENGL 1302 ²	3
BIOL 1408 ¹	4 CHEM 1406 ¹	4

ENGL 1301 ²	3 HIST 1302 ³	3
HIST 1301 ³	3 KINE 1114	1
KINE 1110 or 1113	1 KINE 2113 or 2114	1
KINE 1331	3 MATH 1314 ⁴	3
	17	15

Second Year

Fall	Hours Spring	Hours
Component Area V (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareav)	3 ATTR 3370, KINE 3372, or KINE 3388	3
Component Area VIII (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaviii)	3 BIOL 2402	4
Component Area IX (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum/#componentareaix)	3 FACS 2362	3
BIOL 2401	4 KINE 3362	3
KINE 2115 ⁵	1 POLS 2306 ⁶	3
POLS 2305 ⁶	3	
	17	16

Third Year

Fall	Hours Spring	Hours
CISE 3384 ⁷	3 CISE 4378 ⁸	3
KINE 3117	1 CISE 4380 ⁸	3
KINE 3363	3 KINE 3364	3
KINE 3367	3 KINE 4363	3
KINE 3368	3 KINE 4364	3
KINE 3373	3	
	16	15

Fourth Year

Fall	Hours Spring	Hours
ATTR 3370, KINE 3372, or KINE 3388	3 CIEE 4392	3
CISE 4364 ⁹	3 CISE 4394	3
CISE 4377	3 CISE 4396	3
KINE 4369	3	
KINE 3375	3	
	15	9

Total Hours: 120

- ¹ Satisfies Core Curriculum requirement for Component Area III (Life and Physical Science).
- ² Satisfies Core Curriculum requirement for Component Area I (Communication).
- ³ Satisfies Core Curriculum requirement for Component Area VI (US History).
- ⁴ Satisfies Core Curriculum requirement for Component Area II (Mathematics).
- ⁵ Satisfies 1 credit hour of Core Curriculum Component Area IX (Component Area Option).
- ⁶ Satisfies Core Curriculum requirement for Component Area VII (Political Science/Government).
- ⁷ CISE 3384 must be taken before CISE 4378 and CISE 4380.
- ⁸ CISE 4380 and CISE 4378 must be taken before CISE 4364 and CISE 4379.
- ⁹ CISE 4364 and CISE 4379 must be taken before CISE 4394, CISE 4396, and CIEE 4392