

BACHELOR OF SCIENCE, MAJOR IN KINESIOLOGY

This degree is considered a generalist degree that will prepare students to enter the profession of Kinesiology. Students may be employed in work sites, hospitals, recreational facilities, and educational environments.

Bachelor of Science, Major in Kinesiology

Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum)

Component Area I (Communication)	6
Component Area II (Mathematics) ¹	3
Component Area III (Life and Physical Science) ²	8
Component Area IV (Language, Philosophy, and Culture)	3
Component Area V (Creative Arts)	3
Component Area VI (U.S. History)	6
Component Area VII (Political Science/Government)	6
Component Area VIII (Social and Behavioral Sciences)	3
Component Area IX (Component Area Option) ³	4

Degree Specific Requirements

BIOL 2401	Human Anatomy	4
BIOL 1408	Contemporary Biology ²	4
CHEM 1406	Inorganic & Envir Chemistry ²	4
CHEM 1407	Intro Organic and Biochemistry ⁴	4
or PHYS 1305 & PHYS 1105	Classical Physics & Thermodynmc and Class Phy & Thermodynamics Lab	
CSTE 1330	Introduction To Computers	3
or BUAD 1305	Electronic Communications Tech	
MATH 1314	Pre Calculus Algebra ¹	3
or MATH 1332	College Mathematics	
MATH 1369	Elementary Statistics	3
or STAT 1369	Elementary Statistics	

Major

KINE 1331	Foundations Of Kinesiology	3
KINE 2115	Lifetime Health and Wellness ³	1
KINE 2330	First Aid - Red Cross Instr Cr	3
KINE 3362	Functional Kinesiology ⁵	3
KINE 3363	Assessment In Kinesiology ⁵	3
KINE 3364	Motor Learning ⁵	3
KINE 3373	Physiology Of Exercise ⁵	3
KINE 3378	Adm of Kinesiology & Sport	3
KINE 3388	Sports In Contemp Society	3
KINE 4369	Adapted Physical Activity	3

Select 12 credit hours Advanced Kinesiology electives 12

Select 2 credit hours of Kinesiology activity 2

Electives

Electives as needed to meet 42 advanced hours 5

Minor (required)

Select 18 hours of Minor courses 18

Total Hours 120

¹ MATH 1314 or MATH 1332 satisfies Component Area II and degree specific requirements.

² BIOL 2401 and BIOL 1408 satisfy Component Area III and degree specific requirements.

³ KINE 2115 satisfies one hour of Component Area IX and major requirement.

⁴ CHEM 1406 is a prerequisite for CHEM 1407.

⁵ KINE 3362 requires a prerequisite of BIOL 2401 (Core) or BIOL 3410.

⁶ KINE 3363, KINE 3364, and KINE 3373 require junior standing.

First Year

Fall	Hours Spring	Hours Summer	Hours
BIOL 1408 ¹	4 CHEM 1406 ¹	4 BUAD 1305 or CSTE 1330	3
MATH 1314 or 1332 ²	3 ENGL 1302 ³	3 KINE 2330	3
ENGL 1301 ³	3 KINE 1331	3 HIST 1301 ⁵	3
KINE 2115 ⁴	1 Component Area VIII (catalog.shsu.edu/ undergraduate/ academic-policies- procedures/degree- requirements- academic-guidelines/ core-curriculum/ #componentareaviii)	3	
KINE Activity Elective	1		
	12	13	9

Second Year

Fall	Hours Spring	Hours Summer	Hours
BIOL 2401	4 POLS 2306 ⁶	3 KINE Activity Elective	1
POLS 2305 ⁶	3 CHEM 1407 or PHYS 1305 and PHYS 1105	4 KINE 3362	3
HIST 1302 ⁵	3 Component Area V (catalog.shsu.edu/ undergraduate/ academic-policies- procedures/degree- requirements- academic-guidelines/ core-curriculum/ #componentareav)	3	
MATH 1369 or STAT 1369	3 Component Area IX (catalog.shsu.edu/ undergraduate/ academic-policies- procedures/degree- requirements- academic-guidelines/ core-curriculum/ #componentareaix)	3	
	13	13	4

Third Year

Fall	Hours Spring	Hours Summer	Hours
KINE 3363	3 KINE 3373	3 Adv. KINE	3
KINE 3364	3 KINE 3378	3 Minor Course	3
KINE 3388	3 Minor Courses	6	
Component Area IV (catalog.shsu.edu/ undergraduate/ academic-policies- procedures/degree- requirements- academic-guidelines/ core-curriculum/ #componentareaiv)	3		
	12	12	6

Fourth Year

Fall	Hours Spring	Hours
KINE 4369	3 Minor Course	3
Minor Courses	6 Adv. KINE	6
Adv. KINE	3 Electives	5
	12	14

Total Hours: 120

- 1 Satisfies Component Area III.
- 2 Satisfies Component Area II.
- 3 Satisfies Component Area I.
- 4 Satisfies one hour of Component Area IX.
- 5 Satisfies Component Area VI.
- 6 Satisfies Component Area VII.