

BACHELOR OF SCIENCE, MAJOR IN KINESIOLOGY, PHYSICAL EDUCATION TEACHER EDUCATION (PETE)

This degree will prepare students to teach Physical Education at the Pre-K through 12th grade level in the state of Texas. Students will participate in methods and student teaching as their culminating component of the degree. Students will be prepared to sit for the Texas Physical Education exam. The content of the program is aligned with the National Association of Sport and Physical Education standards.

Bachelor of Science, Major in Kinesiology with Teaching Certification

Core Curriculum (catalog.shsu.edu/undergraduate/academic-policies-procedures/degree-requirements-academic-guidelines/core-curriculum)

Component Area I (Communication)	6
Component Area II (Mathematics)	3
Component Area III (Life and Physical Science) ¹	8
Component Area IV (Language, Philosophy, and Culture)	3
Component Area V (Creative Arts)	3
Component Area VI (U.S. History)	6
Component Area VII (Political Science/Government)	6
Component Area VIII (Social and Behavioral Sciences)	3
Component Area IX (Component Area Option) ²	4

Degree Specific Requirements

BIOL 1408	Contemporary Biology ¹	4
BIOL 2401	Human Anatomy ¹	4
CHEM 1407	Intro Organic and Biochemistry ³	4
or PHYS 1305 & PHYS 1105	Classical Physics & Thermodynamic and Class Phy & Thermodynamics Lab	
CSTE 1330	Introduction To Computers	3
or BUAD 1305	Electronic Communications Tech	

Major

KINE 1114	Rhythmic Activities & Dance	1
KINE 1331	Foundations Of Kinesiology	3
KINE 2115	Lifetime Health and Wellness ²	1
KINE 3117	Competency in Motor Skills (PETE majors only) ⁴	1
KINE 3362	Functional Kinesiology ⁵	3
KINE 3363	Assessment In Kinesiology ⁵	3
KINE 3373	Physiology Of Exercise ⁵	3
KINE 3364	Motor Learning ⁵	3
KINE 3368	Skill Themes & Mvmnt Concepts (PETE majors only) ^{6,8}	3
KINE 3375	Teaching Secondary Physical Edu (PETE majors only) ^{6,8}	3
KINE 3378	Adm of Kinesiology & Sport	3
KINE 4363	Elementary Physical Education (PETE majors only) ⁷	3
KINE 4369	Adapted Physical Activity ⁸	3

Select 3 of the following restrictive elective 9

ATTR 3370	Prevention & Care of Injuries ⁹	
KINE 3372	Team& Indv/Dual Sprt Skill Anal	
KINE 3388	Sports In Contemp Society	
KINE 3389	Gender and Sport	

Select two of the following KINE Activity: 2

KINE 1110	Racquet Sports	
KINE 1113	Basketball And Soccer	
KINE 2113	Softball And Volleyball	
KINE 2114	Wgt Train & Phy Conditioning	

Electives 4

Secondary Education Minor Required

CISE 3384	The Teaching Profession (Must be taken before methods block) ¹⁰	3
Methods Block		
CISE 4364	Mth Tch Secondary Schools ¹¹	3
CISE 4377	Assmt Stdnt Lrng In Secondary ¹¹	3
CISE 4378	Content Literacy ¹¹	3
CISE 4380	Respon Of Pro Educator ¹¹	3
Student Teaching		
CIEE 4392	Std Tch Elementary School	3
CISE 4394	Creatng Env For Lrng-Secondary ¹²	3
CISE 4396	Std Tch Secondary Classroom ¹³	3
Total Hours		120

¹ BIOL 1408 and BIOL 2401 satisfy Component Area III.

² KINE 2115 satisfies one hour of Component Area IX.

³ CHEM 1407 has a prerequisite of CHEM 1406.

⁴ PETE majors must pass the motor skills assessments to be eligible for Student Teaching.

⁵ KINE 3362 requires a prerequisite of BIOL 2401 (in Core) or BIOL 3410.

⁶ KINE 3363, KINE 3373, KINE 3364, KINE 3368, and KINE 3375 require Junior Standing.

⁷ KINE 4363 has a prerequisite of KINE 3368. Field-based experiences required.

⁸ Field-based experiences required.

⁹ ATTR 3370 requires Junior Standing in Kinesiology or permission from Instructor.

¹⁰ CISE 3384 requires 54 hours of course work completed.

¹¹ CISE 4364, CISE 4374, CISE 4377 and CISE 4378 have a prerequisite of CISE 3384, admittance to the Educator Preparation Program, and departmental approval.

¹² CISE 4394 requires Senior Standing; completion of CISE 4364, CISE 4377, CISE 4378 and CISE 4380 and admittance to the Educator Preparation Program.

¹³ CISE 4396 requires admittance to the Student Teaching Program.

Note

Physical Education Teacher candidates must be in the *Healthy Fitness Zones* of at least two of the health-related fitness components of the FITNESSGRAM battery test (body composition, muscular strength and endurance, flexibility, and aerobic capacity) before enrolling in student teaching (CISE 4394 and CISE 4396).