

# GRADUATE CERTIFICATE IN ADVANCED EXERCISE TESTING AND PRESCRIPTION

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## Program Description

This certificate program will provide educational opportunities for exercise science and sport and human performance professionals. The certificate will emphasize the knowledge, skills, and abilities to work with populations requiring specialized training. This certificate will benefit personal trainers, strength and conditioning coaches, exercise scientists working in clinical environment, and anyone interesting in working with athletic or special populations.

## Admission

Applicants seeking admission to the graduate certificate program in Advanced Exercise Testing and Prescription must submit the following directly to the Office of Graduate Admissions:

1. A Graduate Studies Application (<http://www.shsu.edu/admissions/apply-texas.html>) with the application fee
2. Official transcript from the baccalaureate degree granting institution
3. Bachelor's degree with a major or minor in Kinesiology or a related field
4. Twelve hours of advanced coursework related to the certificate's emphasis (must be approved by the Sport and Human Performance graduate coordinator)
5. GRE scores (these may be waived under certain situations)

## Certificate Requirements

### Graduate Certificate in Advanced Exercise Testing and Prescription

Specified Courses		
KINE 5372	Youth Fitness	3
KINE 5390	Exercise Science Lab Practicum	3
KINE 5394	Exercise for Critical Populations	3
KINE 5396	Aerobic and Anaerobic Training	3
Total Hours		12

### Notes

Students must have Graduate Standing for all courses in Program.